

# NOVEMBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Daylight Saving Time Ends	<b>2</b> EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	<b>3</b> EXERCISE - 9:30 <b>TOTIE FIELDS FUNNIEST WOMAN 12 NOON</b> ** SHINE COUNSELOR	<b>4</b> MARKET BASKET 8:30 AM BINGO - 1:15 PM	<b>5</b> EXERCISE - 9:30 <b>VETERAN'S LUNCH 12 NOON</b> 	<b>6</b> <b>PROJECT LINUS 10 AM</b> 	<b>7</b>
<b>8</b>	<b>9</b> EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM <b>FRIENDS MEETING 7PM</b>	<b>10</b> EXERCISE - 9:30 <b>WATERCOLOR - 1PM</b> ** FUEL ASSISTANCE ** SHINE COUNSELOR	<b>11</b> Veterans Day <b>SENIOR CENTER CLOSED</b> 	<b>12</b> EXERCISE - 9:30 <b>COOK &amp; CHAT WITH CANDACE 10:45</b>	<b>13</b> COFFEE HOUR - 10AM	<b>14</b>
<b>15</b>	<b>16</b> EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	<b>17</b> EXERCISE - 9:30 <b>ROAD TRIP PEABODY ESSEX MUSEUM - 9AM</b> ** SHINE COUNSELOR	<b>18</b> BINGO - 1:15 PM  <b>COA MEETING 7PM</b>	<b>19</b> EXERCISE - 9:30 <b>MOVIE AFTERNOON 1:15pm</b> <b>WOMAN IN GOLD</b>	<b>20</b> COFFEE HOUR - 10AM	<b>21</b>
<b>22</b>	<b>23</b> EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM	<b>24</b> EXERCISE - 9:30  ** SHINE COUNSELOR	<b>25</b> BINGO - 1:15 PM	<b>26</b> Thanksgiving <b>SENIOR CENTER CLOSED</b> 	<b>27</b> <b>SENIOR CENTER CLOSED</b>	<b>28</b>
<b>29</b>	<b>30</b> EXERCISE - 9AM CHORUS - 10:30 AM BLOOD PRESSURE 1PM Wii BOWLING 1 PM					
		RESERVATIONS NEEDED FOR TOTIE FIELDS MARKET BASKET, VETERAN'S LUNCH FOR VETERANS ONLY, WATERCOLOR CLASS, MOVIE & ROAD TRIP TO PEM. **APPOINTMENTS NEEDED FOR SHINE COUNSELOR, FUEL ASSIST. & SENATOR TARR'S REPRESENTATIVE. CALL THE SENIOR CENTER AT 978-664-5600 FOR APPOINTMENT & RESERVATIONS.			EDITH A. O'LEARY SENIOR CENTER 157 PARK STREET NORTH READING, MA 01864 978-664-5600	